



AHMAD SAMADZAI, DDS

Mt. Vernon Dental Arts

1704 Jefferson Avenue • Mount Vernon, IL 62864

# Your “Routine Cleaning” is *Not* Routine Here!

We want you to feel that your recall (check-up and cleaning) visit is as important as your other dental treatment visits. Your continuing-care visit includes many services that are extremely important for your long-term oral health. We don't take these services for granted and we hope you don't either.

The examination (check-up) portion of your recall visit includes a health history update and a soft-tissue/oral cancer screening. Dr. Samadzai will: examine your bite and examine your entire mouth to look for any signs of disease, particularly caries (decay) and periodontal (gum) disease; prescribe any necessary films so that we can see the 75% of your mouth that we can't see by looking directly in your mouth; and discuss these films with you before your visit is over. We encourage you to ask as many questions as you feel necessary.

The prophylaxis (cleaning) portion of your recall visit will be provided by one of our hygiene team members. Your hygienist will remove all plaque and deposits on your teeth and of course, polish and floss to remove any remaining stains and give you that “freshly polished” feeling. We do recommend the fluoride varnish to help strengthen your teeth and re-mineralize any incipient (early state of decay). So you see, not only children, but also adults get fluoride treatments in our practice. No matter what your age, you will be given personalized home care instructions and, at your discretion, a final mouthwash.

Dr. Samadzai will recommend the best recall interval for your dental needs - usually 3, 6 or 12 months. Remember, the six-month interval is not ideal for all patients. We want your recall visit to be a pleasant, personally rewarding experience. As always, please help us by notifying us if we fail to meet your comfort expectations.